



**Rotary**



# Sunshine

## Monthly Bulletin of **Rotary Club of Sangli** RI Dist. 3170 **2024-25**

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## October 2024



## Editorial :

### 24<sup>th</sup> October, The World Polio Day

*By Rtn. Dr. Suhas Joshi*



Polio, or poliomyelitis, is a viral disease that can have significant effects on both individuals and their families. Here are some ways it can impact them:

**Physical Impairments** : Polio can cause muscle weakness or paralysis, often affecting the legs. This can lead to mobility issues, the need for assistive devices like braces or wheelchairs, and physical therapy.

**Emotional and Psychological Impact** : Coping with a disability can be emotionally challenging for both the person with polio and their family members. Feelings of frustration, isolation, and depression can occur.

**Financial Burden** : The cost of medical care, assistive devices, and ongoing therapy can be substantial, placing a financial strain on families. This may limit opportunities for education and employment for the affected person.

**Social Isolation** : People with polio may face social stigma and isolation due to their disability, which can affect their quality of life and relationships.

**Caregiver Responsibilities** : Family members often become caregivers, providing support for daily activities and medical needs, which can be physically and emotionally demanding.

**Education and Employment** : Children with polio may face challenges in accessing education, and adults may encounter difficulties in finding suitable employment opportunities.



**Preventive Measures** : Families may need to take extra precautions to prevent the spread of polio to others, such as ensuring vaccination of family members and practicing good hygiene.

It is important to note that the severity of polio's impact can vary widely from person to person, depending on factors like the strain of the virus and the individual's overall health.

**Vaccination remains the most effective way to prevent polio and its potential consequences.**

Rotary members continue to donate to the polio fund worldwide to end polio because of their long-standing commitment to eradicating this disease. Rotary International, a global service organization, has been working on the Polio Plus program since 1985.

There are a few key reasons why this commitment persists:

1. **Progress Made:** Rotary's efforts, alongside partners like the World Health Organization (WHO), UNICEF, and the Centres for Disease Control and Prevention (CDC), have made significant progress in reducing polio cases. Donations help maintain and build on this progress.
2. **Polio Remains a Threat:** Despite substantial progress, polio is not eradicated in all parts of the world. Rotary members understand the importance of continued funding to reach every child and ensure that the virus is completely eliminated.
3. **Commitment to Service:** Rotary's motto is "Service Above Self." Members are dedicated to making a positive impact on the world, and eradicating polio aligns with this commitment.

4. **Leveraging Donations:** Rotary leverages donations by partnering with organizations like the Bill and Melinda Gates Foundation, which provides matching funds. This multiplies the impact of individual donations.

5. **Global Health and Security:** Polio eradication not only saves lives but also has broader implications for global health and security. A world without polio is a safer and healthier world for all.

In summary, Rotary members continue to donate to the polio fund worldwide because they see the importance of finishing the job they started, ensuring that no child suffers from this preventable disease, and making a lasting global health impact.

**The money collected from worldwide donations from Rotarians for the PolioPlus program is primarily used for several key purposes :**

1. **Vaccination Campaigns:** The majority of funds go toward organizing and conducting vaccination campaigns in polio-endemic and high-risk areas. This includes the purchase of oral polio vaccine (OPV) doses and the cost of administering them to children.

2. **Surveillance and Monitoring:** Funds are allocated to strengthen disease surveillance systems, which help detect and respond to new cases of polio quickly. This is crucial for preventing outbreaks and ensuring the virus doesn't resurge.

3. **Health Worker Training:** Training health workers and volunteers is essential for carrying out vaccination campaigns effectively. Donations support the training of thousands of individuals who administer vaccines and monitor progress.

4. **Social Mobilization:** Community engagement and awareness are critical for the success of polio eradication efforts. Donations are used to raise awareness, educate communities, and promote vaccine acceptance.



5. Operational Support: Funds are also used for logistical and operational support, including transportation, cold chain maintenance (to keep vaccines at the right temperature), and the development of vaccination strategies.

6. Research and Innovation: Some donations may be allocated to research and innovation to improve vaccination strategies, diagnostics, and surveillance techniques, ensuring more efficient and effective efforts.

7. Partnerships: Rotary International collaborates with other organizations such as the World Health Organization (WHO), UNICEF, and the Centres for Disease Control and Prevention (CDC). Donations may be used to support these partnerships and leverage additional funding.

8. Infrastructure and Capacity Building: Investments in strengthening healthcare infrastructure and building the capacity of healthcare systems in vulnerable regions are also essential components of the eradication effort.

It is important to note that Rotary International works closely with its partners and follows a comprehensive financial accountability framework to ensure that funds are used effectively and transparently. Donations from Rotarians and other donors play a crucial role in sustaining and advancing global polio eradication efforts.







## President's Column

### October Reflections and November Aspirations:



As we look back at the month of October, we feel immense pride and gratitude for the continued support and enthusiasm of all our Rotary family members. The past month was a testament to what we can achieve together, with impactful projects that aligned perfectly with our Rotary ideals of service and community betterment.

Highlights of October: This month, we dedicated significant efforts to community development and educational initiatives, understanding the immediate needs within our community. Highlights included:

1. Educational Support: We have installed CCTV Camera unit at Shri Dattatray Hari Chavan Vidyalay, Sangliwadi, where the students from financially middle class backgrounds learn. This initiative will insure long term safety of the students when they are in school.

The initiative was met with heartfelt gratitude from the recipients, underscoring the power of safety during education with security as a transformative tool.

2. To facilitate the habit of reading in school going children we have observed "Vaachan Prerana Divas", the reading day, on the birth anniversary of Dr. A.P.J. Abdul Kalam, former President of India, on 16<sup>th</sup> October 2024. This project was organized in association with "Samvadini" a lady social working group for children and women upliftment.



## President's Column.. *continued*

### Looking Forward: Plans for November

As this is The Rotary Foundation month, we step into November, our vision expands to reach more people and address varied community needs through The Rotary Foundation. The upcoming events are as follows:

1. We have planned for creating an awareness regarding the work done through our Rotary Foundation and motivate the members for donations towards TRF, to continue to do good in the world.
2. We are in touch of the Principal of Police Training Centre, Turchi, Tasgaon for their need of six sanitary pad vending machines and incinerators in the trainee ladies hostel. We are in process of getting the survey done and budget for the same project by our club.
3. Rotary inter club cricket event is under planning phase which can be done in the last week of November or 1<sup>st</sup> week of December.
4. Rotary Family Fellowship Event: To strengthen our bonds and celebrate our achievements, we are planning a family fellowship event in the mid of November. This gathering will allow us to reflect on our work, celebrate our successes, and build camaraderie within the Rotary family.

Each initiative we undertake is fuelled by the passion of our members and the trust of our community. As we progress, let us remember that our true strength lies in unity and service.



## Secretarial Report ...

Rtn. Girish Tangadi



### CCTV camera system to Shri Dattatray Hari Chavan Kanya Vidyalaya, Sangliwadi, 11<sup>th</sup> October 2024



The handover ceremony of the **CCTV camera system to Shri Dattatray Hari Chavan Kanya Vidyalaya, Sangliwadi** took place on 11th October 2024 and was a meaningful and successful event. The school organized the ceremony beautifully, with active participation from students, teachers, and trustees. Their appreciation for our contribution was evident, and the gratitude shown by the school made the event truly special. This initiative will have a lasting impact on the safety of the students, and the CCTV system will ensure a more secure learning environment. The school has recognized the responsibility of maintaining the system and has assured us that the cameras will be managed effectively for the continued protection of their students.





## सांगलीकरांकडून सलग १२ तास पुस्तकांचे वाचन संवादिनी, रोटरी क्लब, वाचनप्रेमी वाचनालयाचा उपक्रम

१५ ऑक्टोबर २०२४

समाजातील विविध क्षेत्रात कार्यरत असणाऱ्यांना वाचनाची आवड निर्माण व्हावी, या उद्देशाने वाचन उपक्रमाचे आयोजन करण्यात आले होते. संवादिनी आणि रोटरी क्लब ऑफ सांगलीच्या वतीने आयोजित या उपक्रमात सुमारे २०० सांगलीकरांनी सहभाग घेतला होता.



जयपूर फूट प्रदान  
वीराचार्य बाबासाहेब कुचनुरे जिल्हा नागरी सहकारी पत संस्था  
१८ ऑक्टोबर २०२४



जयपूर फूट

श्री सतीश मालू  
यांनी त्यांचा मुलगा  
कै. सुनील मालू  
याच्या स्मरणार्थ  
प्रदान केले.

## Weekly Meetings



Sharad Shaha Events Presents Raas Garaba 2024  
3rd October 2024



संवेदना फाउंडेशन चे अध्यक्ष रो. रोनक शहा, उपाध्यक्षा सौ. पूनम रोनक शहा यांची प्रकट मुलाखत.

मुलाखतकार रो. डॉ. भास्कर ताम्हणकर. १० ऑक्टोबर २०२४ 11





रोटरी सिंगर्स ग्रुप प्रस्तुत आर डी बर्मन यांच्या सुपर हिट गाण्यांचा  
बहारदार कार्यक्रम यांदों की बारात.  
प्रस्तुती रोटरी क्लब ऑफ सांगलीचे गुणी कलाकार  
१७ ऑक्टोबर २०२४



Know your Rotarian. Interview of Rtn. Dr. Gautam Purohit and Rtn.  
Ar. Mahendra Sarada by Rtn. Er. Yashang Gokani.  
24<sup>th</sup> October 2024



## Rotary Basics

### Part 1

*Compiled by Rtn. Bipin Shevade*

Rotary is an international membership organization, made up of people who share a passion for and commitment to enhancing communities and improving lives across the world.

Rotary clubs exist in almost every country. Our members change lives locally and connect with other clubs to work on international projects that address today's most pressing challenges. Being a member is an opportunity to take action and make a difference, and it brings personal rewards and lifelong friendships in the process.

The name *Rotary* was selected by early members because meeting locations rotated among their offices. There are more than 1.2 million Rotary club members, or Rotarians, around the world.

Your potential to do good in your community as a Rotarian is far greater than it was before you joined. You'll have the privilege of working with other professionals and the opportunity to make a difference in the lives of others by bringing together your expertise, skills, and resources.

The club is the most important component of Rotary's organizational structure. There are over 35,000 Rotary clubs in more than 220 countries and geographical areas.

Rotary clubs are autonomous, so the member experience varies from club to club. However, they all operate somewhat similarly. For example, all clubs have presidents, secretaries, and treasurers and committees that help them run smoothly.



## Rotary Basics Part 1 *Continued ...*

Each Rotary club is considered a member of Rotary International.

Strong, well-run clubs enhance our members' experiences and deliver valuable service to our communities. Rotary clubs hold regular meetings where their members gather to socialize and to discuss their current projects, other Rotary matters, and professional topics. While most clubs meet in person, some clubs meet primarily online or have a combination of in-person and online meetings.

Rotary is both apolitical and nonreligious, and Rotary clubs are encouraged to create an inclusive environment for all club members at their meetings. Meetings can be formal or informal and can include food and drinks, speakers, an open forum for discussion, or group activities. The more you participate in your club's meetings and activities, the better overall experience you will have as a member.

The first Rotary club met in Chicago on 23<sup>rd</sup> February 1905.



**OCTOBER IS**

**ECONOMIC AND COMMUNITY DEVELOPMENT MONTH**

*"If we can make a difference in the life of one person in a community, it is a small yet significant step to empowering a whole community."*  
Loshini Naidoo

**Rotary** 

**TAKE ACTION: Join Rotary. Get Involved**





## Anns' Corner -

मैत्री.....

सौ. सविता गिरीश तंगडी



बालपणीची कागज की कशी थी, पानी का किनारा था! खेलने की मस्ती थी, ये दिल भी आवारा था! कहा आ गये इस समझदारी की दुनिया मे! वो नादान बचपन भी कितना प्यारा था, वो नादान बचपन की कितना प्यारा था! रम्य ते बालपण आणि रम्य ती बालपणीची शाळा. आहाहा!!! काय सुरेख दिवस होते ते. खरंच बालपणीची शाळा म्हटले की अगणित, सुखद मजेशीर आणि touching memories जाग्या होतात. कडक उन्हाळ्यात वळवाच्या पावसाचे थंडगार तुषार उडावेत आणि स्वर्गीय आनंद मिळावा तसे या बालपणीच्या शालेय आठवणी जाग्या झाल्यावर होते. कारण का सांगू? कारण त्या वयात प्रत्येकाचे मन अल्लड, निष्पाप, निरपेक्ष भावनांनी भरलेले असते. म्हणूनच मैत्रीची घट्ट नाळ इथेच तर रोवली जाते. एका बेंचवर बसून खेळलेली जॉली जॉली, खिसा भरून आणलेल्या आवळा - चिंचा, परिक्षेच्या वेळी मित्र-मैत्रिणींना खाणा खुणा करून विचारलेली आणि सांगितलेली उत्तरे, पी टी च्या तासासाठी केलेला एकच कल्ला, डबा खायच्या वेळी केलेली एका घासाची वाटणा वाटणी, तो कोऱ्या पुस्तकांचा घेतलेला न विसरता येणारा सुवास, खडूने शूज पॉलिश करणे, इस्त्रीसाठी ड्रेस घडी करून गादी खाली ठेवणे, किती - किती आठवणी आहेत मनाच्या कुपीत साठवून ठेवलेल्या.



शनिवार - रविवार तर नुसता कल्लाच असायचा. कधी सकाळ उजाडून संध्याकाळ व्हायची ते कळायचेच नाही. म्हणूनच म्हणावेसे वाटते, “वो बचपन था, जब शामे भी हुआ करती थी! अब सुबह के बाद सीधे रात ही होती है!”

शाळेतले, शिक्षक त्यांची शिकवण म्हणजे आपली जीवनभराची पुंजीच असते. आणि ही पुंजी घेऊनच माझ्या शाळेतील प्रत्येक जण शाळेतून कॉलेजमध्ये व नंतर या जीवनरूपी प्रवासाला सज्ज झाला व जीवनात कोणत्या ना कोणत्या क्षेत्रात यशस्वी झाला. त्यात आपल्या शाळेचा व गुरूंचा मोलाचा वाटा विसरून चालणार नाही. आणि मग या जीवनरूपी प्रवासात अचानक व्हाद्वअप, फेसबुक, इंस्टा रूपी नव्या मित्रांची तुम्हा सर्व सवंगड्यांची पुन्हा गाठ घालून दिली व आयुष्य आणखी फ्रेश, इंटरेस्टिंग वाटू लागते व बालपणीच्या सवंगड्यांना भेटण्यासाठी, त्यांच्या आयुष्यात डोकवण्यासाठी माझे मन पाखरू बनून भिरभरू लागते. आणि मैत्रीची बालपणीची ती नाळ गेट - दुगेदर मुळे अजूनच घट्ट होते, अजूनच घट्ट होते...म्हणूनच शेवटी एवढेच म्हणावे वाटते, मैत्री ही नेहमी गोड असावी, जीवनात तिला कशाची तोड नसावी... सुखात ती हसावी, दुःखात ती रडावी... पण आयुष्यभर ती आपल्या सोबत असावी, जीवनाच्या प्रत्येक वळणावर आठवण येत राहिल, एकत्र नसलो तरी सुगंध दरवळत राहिल... कितीही दूर गेलो तरी बालपणीचे मैत्रीचे हे घट्ट नाते आज आहे, तसेच उद्याही राहिल.



## Anns' Corner -

### पाक कृती

सौ पल्लवी मराठे सांगली.

थंडीसाठी उत्तम : खजूर लाडू



साहित्य: खजूर ५०० gm बदाम १ वाटी काजू १ वाटी  
आवडीनुसार कोणतीही dry fruits मखाणे १०० gm  
साजूक तूप ३/४ चमचे. मगज बी २ चमचे

कृती: प्रथम खजूर बिया काढून एकत्र करावा. नंतर मखाणे,  
मगज बी भाजून घ्यावेत. Dry fruits तूपामधे भाजून  
घ्यावीत. नंतर मखाणे, मगज बी ची, dry fruits ची  
मिक्सर वर पावडर करून घेणे. सर्व मिश्रण एकत्र करून  
लहान आकाराचे लाडू करावेत. हे लाडू अत्यंत पौष्टिक,  
रक्तवाढीसाठी, कॅल्शियम वाढीसाठी लाभदायक आहेत

